

Milan Seniors for Healthy Living

Membership, Participant, and Registration Policy

XI. Membership, Participant, and Registration Policy

Milan Seniors for Healthy Living is committed to serving the residents of Milan as well as those of surrounding areas. The staff hopes you find our center to be a friendly place to visit where you can benefit from the variety of offered programs and outreach services.

This Membership, Participation and Registration Policy is created to ensure a safe and enjoyable environment for all who utilize MSHL services.

MEMBERSHIP:

Persons age 50 and older may become members of MSHL by completing an application and paying the appropriate annual fee. Prospective members may be required to show proof of age to become members. All persons must be able to care for themselves when utilizing the programs or facilities of the MSHL or be accompanied at all times by a caregiver. While membership is not required for most MSHL programs with a fee, members do receive a discounted price for most programs.

PARTICIPANT:

Participation at the Senior Center requires the following:

- 1. Sign In:** Participants are required to stop at the sign-in podium to sign in and out.
- 2. Independence:** MSHL is not equipped to be a day-care facility for seniors. All participants must independently maintain appropriate behavior, bodily functions and proper hygiene. While staff will happily do all it can to ensure a friendly, helpful, and safe environment, MSHL is not staffed to provide one-on-one supervision to those who are unable to care for themselves. Anyone needing individual care is welcome to have a caregiver accompany them. Should staff observe a situation which makes a participant's need for individual care apparent, staff will notify the participant's family/caretaker, and inform them the participant may only attend the Senior Center with a responsible attendant.
- 3. Respect:** Participant should be considerate and treat others with kindness, courtesy, and respect.
- 4. Emergency Contact:** Participants are encouraged to provide the staff with the name and telephone number of a person to contact in case of an emergency. If a participant experiences a medical or other problem while on the premises, it is expected that the participant will follow the recommendation of the MSHL staff to seek appropriate treatment.
- 5. Personal & Medical Care:** Participants are expected to be responsible for their own personal and medical care, including hygiene, grooming, toileting, continence, feeding, taking medications, physical mobility, monitoring special diets, etc. MSHL does not provide assistance with medication, personal health or medical care needs. Participants may bring a health aide or family member to offer personal or physical assistance.

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- 6. Violence:** Violence or threats of violence may lead to permanent suspension of Senior Center privileges.
- 7. Derogatory Statements:** Statements regarding race, ethnicity, religion, or life style will not be tolerated, and may result in revocation of privileges if repeated.
- 8. Sleeping:** Sleeping on the premises is not permitted.
- 9. Dress Code:** Proper and appropriate attire is required at all times.
- 10. Personal Property:** No storage of personal belongings is permitted. All participants are required to leave the areas they have been using in a clean condition.
- 11. Signs:** Participants are expected to adhere to all posted rules and signs.
- 12. Personal Conduct:** If any inappropriate behavior is witnessed or reported, staff will use discretion to take corrective action, i.e.: ask the participant to abstain from the inappropriate behavior, or if necessary, contact the police, ambulance, or emergency contact person. Repeat violations may result in temporary or permanent suspension of Senior Center privileges.
- 13. Guests:** Participants who bring a guest are responsible for that person's behavior and conduct.

PROGRAM REGISTRATION:

There are four (4) categories of fees for programs requiring the payment of a registration fee:

- 1. Member:** The fee paid by a MSHL Member.
- 2. Eligible Non-Member:** The fee required to be paid by one who is eligible to be a Member (age 50 years or older) but not a Member, which fee shall be 125% of the Member registration fee.
- 3. Ineligible Non-Member:** The fee paid by a guest of a Member who is ineligible to become a member due to age (under the age of 50 years), which fee shall be 150% of the Member registration fee.
- 4. Caregiver of Member:** A Caregiver of a Member registering for a program is welcome to participate in a program upon payment of the same fee paid by the Member for whom care is provided.

Where space is limited for a program, priority will be given first to Members and Caregivers, second to Eligible Non-Members, and third to Ineligible Non-Members, on a space available basis.

WAIT LIST: If a program becomes full, a wait list will be taken. As positions become available, they will be filled in the order taken.

Thank you for making MSHL a safe and enjoyable place!