Milan Seniors for Healthy Living Policy

11.02.01-00.16 Board of Directors Recruitment, Retention, and Training

Milan Seniors for Healthy Living (MSHL) attempts to recruit, retain, and train qualified individuals to serve MSHL as members of its Board of Directors, and serve the senior citizens of the greater Milan area to the best of their abilities. Serving on the Board of Directors is one of the most important jobs in the organization as the Board of Directors offers leadership and governance for this organization.

I. Recruitment

Prospective members of the Board of Directors are invited to serve by current Board members based on abilities and attributes that will help the Board function best. Desired attributes include:

- Understanding of our senior community and its needs;
- Passion for our cause;
- Willingness to commit time for Board meetings, committee meetings, planning sessions, and special events;
- Team player works well in a group; and
- Someone who listens well and is thoughtful in considering issues.

In addition, considerations may be given to a potential candidate's skills in a specific area deemed desirable by the Board of Directors.

II. Retention

Board members are elected for three year terms except when filling the unexpired term of a resigning member. As best possible, an equal number of terms expire each year. There are no term limits. Active engagement with the other members of the Board and with MSHL's programs is strongly encouraged.

A board member may be released from service if he/she has three unexcused absences in a twelve-month period.

III. Training

Incoming Board members are encouraged to meet with at least one member of the Board of Directors, and will receive an informational packet containing, at a minimum, Corporation By-Laws, current policies, and current newsletter. Active participation at MSHL

will be strongly encouraged as a great way to indoctrinate the new Board member to the culture and climate of the organization.

Incoming and current Board members are also encouraged to independently seek further education on the benefits and responsibilities of serving on non-profit Boards of Directors.